

Health and Wellness

Community Outreach Response
250-741-7645

Crossroads Crisis Pregnancy Centre
250-716-1633

AVI Health Centre
250-754-9111

Outreach Pharmacy
250-753-9606

Nanaimo Health Unit
250-755-6200

Community Outreach Response
250-741-7645

Food

Loaves and Fishes
250-754-8347

Growing Opportunities Farm Cooperative
info [a] growingopportunities.org

Nanaimo Foodshare
250 -753-9393

7-10 Club
250-797-0531

Support Services



811Healthlink BC
Nurse Line for help finding nearby
health resources
Call 811

24/7 Suicide Prevention Hotline
Call 988

24/7 Mental Health Support Line
310-6789

BC Drug and Poison Info Centre (24 hrs)
1-800-567-8911

Alcoholics Anonymous
1 833-753-7513

Narcotics Anonymous
1-800-494-2404

Ministry of Social Development and
Poverty Reduction
1-866-866-0800

Vancouver Island Crisis Society
1-888-494-3888

BC211 Directory Line
Call 211



Island Crisis Care Society



**Nanaimo
Community
Resources**

Housing

- ✓ **BC Housing Rent Subsidy Info**
ICCS Rent Subsidy Outreach Worker
236-628-1414
- ✓ **Housing Centre Nanaimo Youth**
290 Bastion St., Nanaimo
250-754-1989
- ✓ **Salvation Army New Hope Centre**
19 Nicol St., Nanaimo
250-714-1142
- ✓ **Haven Society Transition House**
2270 Labieux Rd., Nanaimo
250-756-2452



**Together we can
make a difference
for people in our
community**

Call us for more info



250-585-5505

www.islandcrisiscaresociety.ca

Harm Reduction

Walk in Crisis Counseling Clinic
Brooks Landing 250-739-5710

ARC Addiction and Recovery Clinic
250-591-1000

Overdose Prevention Supervised
Consumption Site and Substance
Use Outreach Service
250-591-3999

The Out Shop
250-619-6959

Drugs and Alcohol Counselling
Tillicum Lelum Friendship Centres
250-753-6578

Clearview Detox
250-739-5891

Substance Use Counseling Services
250-739-5880

BC Drug and Poison Info Centre
(24 hrs)
1-800-567-8911